



SPICY PUMPKIN SEEDS

★ RECIPE ★

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TIME: 35 MINUTES ★ SERVES 4

INGREDIENTS:

2 CUPS OF PUMPKIN SEEDS

1 TABLESPOON OF MELTED BUTTER

2 TEASPOONS OF SALT

1 TABLESPOON OF DAS GÜD GARLIC HABANERO
HOT SAUCE

DIRECTIONS:

1. PREHEAT OVEN TO 350 DEGREES

2. TOSS THE PUMPKIN SEEDS WITH THE MELTED
BUTTER, SALT, AND HOT SAUCE

3. LIGHTLY PLACE THE SEEDS ON AN OILED
BAKING PAN

4. BAKE THE SEEDS FOR 30 MINUTES



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